



Better Health Care for All Floridians

MDS 3.0 Section F – Preferences for Customary Routine and Activities

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Section F: Preferences for Customary Routine and Activities

- Lack of attention to preferences and activities can result in:
 - ✓ Boredom
 - ✓ Depressed mood
 - ✓ Behavior disturbances
- Resident responses can provide clues:
 - ✓ Understanding pain
 - ✓ Perceived functional limitations
 - ✓ Perceived environmental barriers

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F0300: Should Interview for Daily and Activity Preferences be Conducted?

- **Importance:**
 - Interview allows residents to respond directly.
 - Supports individualized daily care and activity planning.
 - Family member or significant other can also provide information about routines and preferences.
 - Conduct staff assessment if interview is not possible.

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F0300 Importance

F0300. Should Interview for Daily and Activity Preferences be Conducted? – Attempt to interview all residents able to communicate. If resident is unable to complete, attempt to complete interview with family member or significant other.

Enter 0. No (resident is rarely/never understood and family not available) → Skip to F0700, Should the Staff Assessment of Daily and Activity Preferences be Conducted?

Code 1. Yes → Continue to F0400, Interview for Daily Preferences

F0300. Should Interview for Daily and Activity Preferences be Conducted? – Attempt to interview all residents able to communicate. If resident is unable to complete, attempt to complete interview with family member or significant other.

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F0300: Conducting the Assessment and Assessment Guidelines

- Determine whether or not resident is rarely/ never understood.
- Determine if family/ significant other is available.
- Review A1100 Language to determine if the resident wants or needs an interpreter.
- Conduct the interview if the resident can respond:
 - Verbally
 - By pointing to answers on cue cards
 - By writing out answers
- Interview family member or significant other.
 - Can be a source of useful information about resident preferences.

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F0300 Coding Instructions

- **Code 0. No.**
 - If the interview should not be attempted with the resident.
- **Code 1. Yes.**
 - If the resident interview should be attempted.

Section F		Preferences for Customary Routine and Activities
F0300. Should Interview for Daily and Activity Preferences be Conducted? - Attempt to interview all residents able to complete. If resident is unable to complete, attempt to complete interview with family member or significant other		
Enter Code	0. No (resident is rarely/never understood and family/significant other not available) → Skip to and complete F0800, Staff Assessment of Daily and Activity Preferences.	
<input type="checkbox"/>	1. Yes → Continue to F0400, Interview for Daily Preferences	

0 | No (resident
Assessment
1 | Yes → Co

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F0400/ F0500 Interview

F0400. Interview for Daily Preferences
 Show resident the response options and say: "While you are in this facility..."
 Enter Codes in Boxes
 A. how important is it to you to choose what clothes to wear?
 Personal belongings

F0400. Interview for Daily Preferences
 Show resident the response options and say: "While you are in this facility..."

F0500. Interview for Activity Preferences
 Show resident the response options and say: "While you are in this facility..."
 ...ers, and ma

F0500. Interview for Activity Preferences
 Show resident the response options and say: "While you are in this facility..."

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F0400 & F0500 Conduct the Assessment

- Set up a conducive environment.
- Be sure the resident can hear you.
- Explain the reason for the interview.
- Explain the response options.
- Provide cue cards.
- Allow resident to respond multiple ways.
- Interview the family or significant others if the resident cannot report his or her preferences.

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F0400 & F0500 Assessment Guidelines

- No look-back period is provided for the resident.
- Ask about current preferences while in the nursing home.
- Complete the interview anytime within the 7-day look-back period.
- Family or significant others can provide information on current preferences.
- May have to consider past preferences if the resident cannot communicate.

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F0400 & F0500 Assessment Guidelines

- If the resident gives a long or indirect answer:
 - Summarize the response.
 - Ask again which option best applies.
 - This is referred to as echoing.
- Appropriate to explore the resident's answer and try to understand the reason.

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F0400 & F0500 Coding Instructions

F0500. Interview for Activity Preferences
Show resident the response options and say: "While you are in this facility..."

Enter Codes in Boxes

A. how important is it to you to have books, newspapers, and magazines?

B. how important is it to you to listen to music you like?

C. how important is it to you to be around animals such as pets?

D. how important is it to you to read up with the news?

E. how important is it to you to hang out with groups of people?

F. how important is it to you to do your favorite activities?

Coding:

1	Very important
2	Somewhat important
3	Not very important
4	Not important at all
5	Important, but can't do or no choice
9	No response or non-responsive

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Item F0600

Daily and Activity Preferences
Primary Respondent

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F0600 Primary Respondent

- Establishes the source of the information regarding the resident's preferences.

F0600. Daily and Activity Preferences Primary Respondent	
Enter	Indicate primary respondent for Daily and Activity Preferences (F0400 and F0500).
<input type="checkbox"/>	1. Resident
Code	2. Family or significant other (close friend or other representative)
	9. Interview could not be completed by resident or family/significant other ("No Response" to 3 or more items)

Indicate primary respondent for Daily

- 1 Resident
- 2 Family or significant other (close friend or other representative)
- 9 Interview could not be completed by resident or family/significant other ("No Response" to 3 or more items)

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Item F0700

Should the Staff Assessment of Daily and Activity Preferences Be Conducted?

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F0700 Importance

- Resident interview is preferred.
- Small percentage of residents are unable or unwilling to complete the interview.
- Should still have preferences considered.

F0700. Should the Staff Assessment of Daily and Activity Preferences be Conducted?

Enter 0. No (because Interview for Daily and Activity Preferences (F0400 and F0500) was completed by resident or family/significant other) → Skip to G0100. Activities of Daily Living (ADL) Assistance

Code 1. Yes (because 3 or more items in Interview for Daily and Activity Preferences (F0400 and F0500) were not completed by resident or family/significant other) → Continue to F0800. Staff Assessment of Daily and Activity Preferences

F0700. Should the Staff Assessment of Daily and Activity Preferences be Conducted?

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F0700 Assessment Guidelines

- If the total number of unanswered questions in F0400 through F0500 is equal to 3 or more, the interview is considered incomplete.
- If 3 or more interview items for either F0400 or F0500 are coded **9** or **"-"**, complete the Staff Assessment.

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F0700 Coding Instructions

- **Code 0.**
 - Interview completed by resident, family, or significant other.
- **Code 1.**
 - Resident, family, or significant other unable to answer 3 or more items in the interviews.

F0700. Should the Staff Assessment of Daily and Activity Preferences be Conducted?	
Enter Code	<p>0. No (because interview for Daily and Activity Preferences (F0400 and F0500) was completed by resident or family/significant other) → Skip to G0100 Assistance</p> <p>1. Yes (because 3 or more items in interview by resident or family/significant other were not completed)</p>

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Item F0800

Staff Assessment of Daily and Activity Preferences

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F0800 Importance

- Alternate means of assessing preferences must be used for residents who cannot communicate.
- Ensures that information concerning preferences is not overlooked.

F0800. Staff Assessment of Daily and Activity Preferences	
Do not conduct if Interview for Daily and Activity Preferences (F0400-F0500) was completed	
F0800. Staff Assessment of Daily and Activity Preferences	
Do not conduct if Interview for Daily and Activity Preferences (F0400-F0500) was completed	
Resident Prefers:	
↓ Check all that apply	
<input type="checkbox"/>	A. Choosing clothes to wear.
<input type="checkbox"/>	B. Caring for personal belongings

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F0800 Conduct the Assessment/ Assessment Guidelines

- Observe the resident when care, routines, and activities are made available.
- Check any items for which the resident appears happy, content, or involved.
- Do not check any items for which the resident is resistant or withdraws.
- Do not do a staff assessment if an interview was completed.

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F0800 Coding Instructions

- Check all items that a

F0800. Staff Assessment of Daily and Activity Preferences
 Do not conduct if Interview for Daily and Activity Preferences (F0400-F0500) is completed.

Resident Preferences:

Check all that apply

<input type="checkbox"/>	A. Choosing clothes to wear
<input type="checkbox"/>	B. Caring for personal belongings
<input type="checkbox"/>	C. Receiving tub bath
<input type="checkbox"/>	D. Receiving shower
<input type="checkbox"/>	E. Receiving bed bath
<input type="checkbox"/>	F. Receiving sponge bath
<input type="checkbox"/>	G. Snacks between meals
<input type="checkbox"/>	H. Staying up past 8:00 p.m.
<input type="checkbox"/>	I. Family or significant other involvement in care discussion
<input type="checkbox"/>	J. Use of phone in private
<input type="checkbox"/>	K. Place to lock personal belongings
<input type="checkbox"/>	L. Reading books, newspapers, or magazines
<input type="checkbox"/>	M. Listening to music
<input type="checkbox"/>	N. Being around animals such as pets
<input type="checkbox"/>	O. Keeping up with the news
<input type="checkbox"/>	P. Doing things with groups of people
<input type="checkbox"/>	Q. Participating in favorite activities

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Section F

Summary

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Section F Summary

- Attention to routines and preferences enhances quality of life.
- Complete a resident interview if possible.
- Interview a family member or significant other as an alternative.
- For a staff assessment, identify routines or activities that the resident is involved in or happy or content to be participating in.

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